

# **Anti-Bullying Policy**

This policy was reviewed in: May 2023
This policy is due to be reviewed in: May 2024

### This policy applies to the whole school including EYFS

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# **Policy Statement**

- 1. It is important that all members of the School community recognise that bullying behaviour is not acceptable in any circumstances. All students and staff have the right to attend a school where they feel safe, free from harassment and where they know that any worries they have will be listened to and acted upon.
- 2. This policy applies to all students at the School irrespective of their age and whether or not a student is in the care of the School when or if bullying behaviour occurs. This policy provides guidance for all students, staff and parents about recognising bullying and what to do if a bullying incident occurs.
- 3. This policy has been drawn up with assistance from the guidance issued by the DfE "Preventing and Tackling Bullying" (July 2017). Students, staff and parents should also see the supplementary advice documents and other helpful resources listed throughout this policy.
- 4. This policy supports the School's student wellbeing ethos. A summary of student wellbeing pathways can be found on the Schools website, click on the following link to view: <a href="https://www.piperscorner.co.uk/about-us/well-being">https://www.piperscorner.co.uk/about-us/well-being</a>

# **Policy aims**

Through the operation of this policy the School aims to:

- Maintain the right of every student to enjoy their learning and leisure free from intimidation, both in the school and in the surrounding community.
- Provide a positive and supportive culture, ensuring behaviour models encourage positive behaviour patterns.
- Understand that bullying behaviour adversely affects the safety and happiness of students and is likely to affect their concentration and level of achievement.
- Deter instances of bullying behaviour and deal with each incident on a case-by-case basis, understanding that bullying can cause psychological damage.
- Understand that child on child abuse is classed as abuse and abusive actions will not be tolerated or passed off as banter or part of growing up. This may have safeguarding implications.
- Comply with the School's duties under the Equality Act 2010.
- Ensure the seriousness of bullying both physical and emotional is understood and the fact that this can cause psychological damage.

This School therefore undertakes to investigate thoroughly and deal appropriately with any action or remark deemed to be bullying behaviour. The School will also seek guidance from External Agencies if investigating a bullying incident where there is reasonable cause to believe that a child is suffering or likely to suffer significant harm.

# Relevant legislation and guidance

- Education and Inspections Act 2006
- The Education (Independent School Standards) Regulations 2014
- Other legislation such as The Malicious Communications Act 1988 may be relevant.
- The Equality Act 2010
- DfE Guidance 2017 Preventing and Tackling Bullying
- DfE Guidance 2014 Cyber bullying: advice for Headteachers and school staff
- Keeping Children Safe in Education (September 2023)

The School will endeavour to comply fully with the spirit of the above.

### **Related School Documents**

The Anti-Bullying Code (see appendix) is formulated in consultation with students and is on display in each Form room.

This is to be read in close conjunction with the Safeguarding and Promoting Children's Welfare Policy, Rewards, Behaviour and Sanctions Policy, the Equality, Diversity and Inclusion Policy and the Acceptable Use of ICT Policy. Such policies are referred to in the Staff Handbook, the Parents' Handbook and the Student' Planners.

The Anti-Bullying Policy is available on the School website.

### The Nature of Bullying

### **Definition of bullying:**

The Anti-Bullying Alliance definition of bullying is the repetitive, intentional hurting of one person or group, by another person or group, where the relationship involves an imbalance of power. Bullying can be physical, verbal or psychological. It can happen face-to-face or online. Bullying is behaviour by an individual or group, may be repeated over time, that intentionally hurts another individual or group either physically or emotionally. Bullying can take many forms, for example cyber-bullying It is often motivated by prejudice against certain groups, for example on the grounds of race, religion, culture, sex, gender, sexuality, special educational needs and disability, or because a child is adopted or is a carer. Bullying based on a protected characteristic is taken seriously.

The following are defined as acts of bullying:

- Emotional (being unfriendly, threatening looks/gestures, banter, tormenting such as hiding belongings)
- Physical (pushing, hitting, shoving or any form of physical violence)
- Verbal (name calling, sarcasm, spreading rumours)
- Sexual and sexist (unwanted physical contact or sexually abusive comments or those which are sexist related to a person's gender or gender reassignment)
- Exclusion (deliberately ignoring and refusing to allow someone to join in).
- Interference with possessions (hiding, stealing and destroying belongings).
- Bullying on the basis of perceived racial, religious or cultural differences.
- Bullying on the basis of a person's special educational needs, learning difficulty, disability, health or appearance
- Homophobic, biphobic, transphobic bullying i.e. related to a person's sexuality
- Intimidating behaviour, including the use of phones, use of intimidating or threatening language
- Bullying because someone is adopted or a young carer

The Anti-bullying policy must be read in conjunction with the Safeguarding and Promoting Children's Welfare policy with particular regard to child-on-child abuse. All staff are aware that children can abuse other children, (often referred to as child-on-child abuse) and that it can happen both inside and outside of school and online. All staff should recognise the indicators and signs of child-on-child abuse and know how to identify it and respond to reports as outlined in the Safeguarding Policy. It is essential that all staff understand the importance of challenging inappropriate behaviours between peers, many of which are listed below, that are actually abusive in nature.

Although the definition of bullying suggests it may have a repetitive element, the School will be vigilant about seemingly isolated incidents which can form a pattern or the development of an asymmetrical power relationship.

### Cyberbullying

Cyberbullying includes all forms of bullying involving the internet, social websites, chat rooms, mobile phones, email, text messages, photographs, etc.

All students will receive education on this via Life Skills and ICT.

Cyberbullying is totally unacceptable as is any other form of bullying. Bullying is harmful to the person who is bullied, to those who engage in bullying behaviour, and those who support them, and can in some cases lead to lasting psychological damage and even self-harm.

### Common forms of cyberbullying are:

- Abusive emails
- Abusive contact on instant messaging sites
- Abusive comments or images on social networking sites
- Abusive or humiliating text or video messages
- Abusing personal information
- Abusing other players on interactive gaming sites

The School reserves the right to monitor students' use of the internet on a routine basis and to examine technological devices where there is reason to suspect abuse. Appropriate filtering and monitoring software is installed on the School system.

The School provides regular and updated information for students through Life Skills, Tutor Periods, assemblies and ICT lessons, as well as outside speakers which builds resilience.

Parents are invited to presentations by outside speakers and sent regular updates.

Staff are also given guidance on this area both in induction and as part of the School's safeguarding training.

The Director of Digital Strategy is the e-safety co-ordinator and works with the School's Designated Safeguarding Lead. All instances of cyberbullying are considered in the light of the School's Safeguarding policy and if thresholds are met referrals made to external agencies.

Guidance on the use of technology is outlined in the Acceptable Use policy.

Misuse of technology is subject to the School's disciplinary regime. Appropriate sanctions will be enforced in all cases. The School's Acceptable Use of Technology policy gives additional guidance.

Students will be held responsible for all material they have placed on a website, social media platform or app and for all material that appears on a website, social media platform or app of which they are the account holder.

Misconduct of this kind outside school will be subject to school discipline if the welfare of other students, and/or the culture or reputation of the School are placed at risk.

Students are expected to report instances of cyberbullying to a member of staff. They are made aware how to do this and through e-safety awareness they are also informed how to report to an external agency. Staff are also made aware how to report online abuse. Victims or witnesses should not delete the relevant messages and should keep a record of any instances of cyberbullying. The member of staff to whom the incident is reported should offer support to the victim, log the incident on CPOMS and make the Deputy Head (Pastoral) aware of the situation. Serious cases may be referred to outside authorities.

Although bullying is not a specific criminal offence, there are criminal and civil laws that apply to threatening behaviour and harassment for which there can be consequences outside the School. Misuse of electronic communications could also be a criminal offence, for example it is an offence to send an electronic communication (such as a text message or email) to another person with the intent to cause distress or anxiety. All data is managed in line with GDPR.

Students' speakers are invited to talk to parents about online safety. Frequent updates are sent to parents on the topic, and they have access to the National Online Safety Resources and Wellbeing Hub for greater guidance.

#### **Bullying by staff**

All staff have a duty to role model positive behaviour. Should a member of staff believe they are being treated unfairly by another member of staff they should consult the Code of Conduct for staff and the Grievance Policy. Staff will be protected under the Whistle-blowing Policy for calling out any form of bullying amongst staff. All incidents will be thoroughly investigated, and any malicious allegations will be acted on.

Any incidents of staff bullying students will be investigated and if founded the School will follow its Disciplinary policy.

# **Pipers Anti-Bullying Code**

All students at Pipers Corner School follow the following code which is written in conjunction with students:

- 1. Every student at Pipers has the right to enjoy their learning and leisure free from intimidation, both in school and in the surrounding community
- 2. Our School community will not accept and will question any unkind actions or hurtful remarks
- 3. Any deliberate and/or repeated wounding action or comment will be called bullying. It will be dealt with seriously
- 4. We are a listening school. We all have a duty to report bullying
- 5. Bullying including that taking place electronically is too important to ignore

### **Prevention**

The School aims to prevent bullying from becoming established. This is achieved by establishing a culture in which bullying is not tolerated and where it is seen as the responsibility of all members of the School community to report any instances of bullying.

- The Pipers Smart School Council and Inclusion Committee provide forums where students are encouraged to raise general issues of concern.
- The curriculum is used as a vital means of teaching students how to manage feelings associated with bullying and specific anti-bullying issues are addressed in Life Skills, Assemblies, and taken up by Form Teachers.
- National Anti-Bullying Week will be observed each year through a variety of activities in school. Regular
  contact with anti-bullying organisations (see Appendix) will be maintained so that as a school we can
  benefit from their expertise and experience.
- Appropriate staff training in all aspects of care is arranged across the School to ensure that all those with responsibility have the necessary skills to deal with cases of bullying.
- The Pastoral Team including Head of Wellbeing, nurses and counsellor, supports individuals in need.
- Students are encouraged to develop a strong sense of self belief. We emphasise with older students the role which is expected of them in setting a good example and being helpful to younger students and each other.
- Bullying is discussed in pastoral meetings in the School. The result of these meetings is to feedback information to senior leaders about friendship patterns, particular incidents, any student who seems to be isolated, any growing "power base" and any known conflict between a member of staff and a student, or between students so that strategies can be developed to prevent bullying incidents.
- Patterns of bullying incidents are reviewed half-termly by analysing the School's Bullying Log.
- The School encourages a restorative method and uses a version of the Girls on Board approach.
- The School encourages mediation, often led by the Head of Wellbeing.
- The School will use specific organisations or resources to support with particular problems where relevant. These can be found in https://www.gov.uk/government/publications/preventing-and-tackling-bullying.

### **Prevention Procedure**

New students will be informed of the Anti-Bullying Code as part of induction and existing students reminded at the beginning of each academic year by their Form Tutors. The Anti-Bullying Code will be printed in the Students' Planners.

To ensure that the community remains one in which all students feel secure, a confidential questionnaire on Bullying will be administered to all students in usual circumstances at least every two years electronically to ensure confidentiality (see appendix). This will be followed by a review of the Anti-Bullying Code in consultation with both staff and students. Action will be taken following a review where appropriate to reduce the risk of bullying in places identified by the students.

Students will be made aware of the Pastoral Structure of the School and encouraged to report any instance of bullying to their Form Tutor, the Year Head, the Assistant Head Teachers, Deputy Head, the Headmistress or any other member of staff. They will also be informed of the part that they can play to prevent bullying, for example when they find themselves as bystanders.

Any kind of Initiation Ceremony in the School is prohibited.

Parents will be encouraged to bring any concerns about possible instances of bullying to the attention of the Form Tutor, Head of Year, Assistant Head Teachers, Deputy Head, the Headmistress or any other member of staff. All such situations will be thoroughly investigated. All will be recorded in the School's bullying log and electronically via CPOMS.

# Investigation

Bullying events may be identified in several ways:

- Disclosure to a member of staff by the individual being bullied
- Disclosure to another student by the individual being bullied
- Witnesses to specific bullying events
- Suspicion of bullying based upon the indicating factors

In all cases an allegation of bullying will be treated in a serious, open-minded and fair way and will be investigated thoroughly.

- 1. On hearing or suspecting bullying behaviour, a member of staff should first respond quickly and sensitively by offering advice, support and reassurance to the alleged victim, then make an entry on CPOMS.
- 2. An appropriate member of staff will be appointed to speak to the alleged victim(s), aggressor(s) and witness(es). All students will be permitted to tell their version of events without comment upon the nature of the behaviour described. Written records will be kept of all discussions and logged on CPOMS.
- 3. If it is clear there has been a misunderstanding that does not require further investigation or disciplinary action to be taken, this will be explained sympathetically to the alleged victim(s) and the alleged bully(ies) will be guided on how to modify their behaviour so that the misunderstanding does not occur again. The situation will be monitored.
- 4. If it is believed that bullying has taken place, the Deputy Head (Pastoral) should be informed, and they will decide on the appropriate course of action. This may include additional investigation taking place and students may be interviewed. Again, all students will be permitted to tell their version of events without comment upon the nature of the behaviour described. Written records of interviews will be made and agreed by the individuals involved.
- 5. The parents of the students involved will be informed by the Deputy Head (Pastoral) if it is established that bullying has taken place and further action is required.
- 6. In serious cases, the action required may include further investigation in accordance with the School's Rewards, Behaviour and Sanctions Policy and Expulsion, Removal and Review Policy.
- 7. If at any stage there is a concern that a student has suffered or is at risk of suffering significant harm, including the risk of self-harm, a report must be made to the Designated Safeguarding Lead in accordance with the School's Safeguarding and Promoting Children's Welfare Policy and the procedures in that policy will be followed.

# **Action by the School**

Where bullying behaviour has taken place, the range of actions to be taken by the School will include one or more of the following:

 Providing support and advice for the victim, including support from the School Counsellor and external services where appropriate. The victim will be closely monitored by a nominated adult who will work in partnership with the victim's parents.

- Providing support to the bully to help them understand the effect of their action upon the victim and to
  modify their behaviour, including support from the Head of Wellbeing and/or School Counsellor where
  appropriate. This may also include clear instructions on expectation of behaviour going forward and a
  warning or final warning.
- Consideration given to the motivation behind the bullying behaviour and whether external services should be used to tackle any underlying issues of the bully which contributed to the bullying behaviour. Any concerns about risk of harm will be dealt with in accordance with the School's Safeguarding and Promoting Children's Welfare Policy.
- Disciplinary action against the bully in accordance with the School's Rewards, Behaviour and Sanctions Policy. In cases of very serious bullying or persistent bullying, a student may be required to leave the School permanently in accordance with the School's Expulsion, Removal and Review Policy.
- Informing other staff of the matter on a need to know basis and monitoring the position for as long as necessary, working with parents as necessary.
- Moving the bully or victim to another class or House after consultation with the student, her parents and the relevant staff.
- Reviewing vulnerable individuals and areas of the School.
- Such other action as may appear to the Deputy Head (Pastoral) to be appropriate.

### Recording

School staff maintain records of the welfare and development of individual students. In addition, every complaint or report of bullying must be recorded. The Deputy Head (Pastoral) monitors these records in order to enable patterns to be identified, both in relation to individual students and across the school as a whole, and to evaluate the effectiveness of the School's approach. All bullying records are securely held on CPOMS.

### **Training policy**

All new staff will receive information on the School's Anti-bullying policy as part of their induction into the school. All staff will receive ongoing training as part of the aim to raise awareness of bullying as an issue in the school and they will be made aware of the needs of all students including those with specific learning difficulties and/or disability and lesbian, gay, bisexual and transgender students. Training will aim to ensure the principles of the School policy are understood, legal responsibilities are known, action is defined to resolve and prevent problems, and sources of support are available; where appropriate, school will invest in specialised skills to understand the needs of their students, including those with special educational needs or disabilities, and lesbian, gay, bisexual and transgender (LGBTQ+) students.

To reinforce our commitment to maintaining a positive environment in which no type of bullying is tolerated, the School will arrange regular presentations to the students and their parents by external experts. Staff will also be encouraged to attend.

### Review

This policy will be reviewed annually by the Deputy Head (Pastoral) and form part of the annual review of policies by the governors.

### **Related Documents**

- Anti-Bullying Code
- Online Anti-Bullying Questionnaire
- Student Planners

# Appendix A - Senior School Bullying Survey

Every couple of years we carry out a survey to help us check that we are doing all we can to ensure our community continues to be a safe, secure and happy environment for everyone. Your views are very important to us, please ensure you answer fully and honestly. Please ensure you read the questions carefully before answering.

carefully before answering. \*Required Q1 - Do you know where to find the School definition (description) of bullying? \* The School defines bullying in the following way: behaviour by an individual or group, may be repeated over time, that intentionally hurts another individual or group either physically or emotionally. Bullying can take many forms, for example cyber-bullying It is often motivated by prejudice against certain groups, for example on the grounds of race, religion, culture, sex, gender, sexuality, special educational needs and disability, or because a child is adopted or is a carer. Yes (please answer Q2) No Q2 - If you answered YES to Q1 please write down where you would find the information Q3 - Do you think this definition a good one? \* Yes No (go to Q4 below) Q4 - If you answered NO to Q3 please describe how you would improve the definition in the space provided below Q5 - Have you ever been involved in a bullying incident (either as a victim or the bully or as a witness) based on the definition at Pipers given above? \* Yes

**Q6 - Do you think you have been a victim of bullying based on the School definition at Pipers?** \* Definition: acts that are deliberately hurtful, this could be a one off incident or repeated over a long period of time and difficult for those being bullied to defend themselves against.

	Once	Twice	More than 3 times	More than 5 times	Online
alled Names					
reatened verbally h physical harm ut not physically rmed)					
ersonal property maged or stolen					
ushed, tripped, cked or bitten hysical)					
nored or excluded om a group tivity					
npleasant/false mours spread out you					
ing made fun of e to physical pearance					
ner					
u ticked 'other' o	n question 7 p	lease give det	ails		

	Ability in a subject/area of school life					
	Disability or learning issue					
	Economic (money) situation					
	Physical appearance					
	Age					
	Gender					
	Sexual orientation					
	Gender reassignment					
	Other:					
	Other.					
Q9 Do you thi	nk this happened deliberately by someone trying to hurt you or by being thoughtless?					
The School def	In the School definition do you think you have you ever bullied someone at Pipers? * fines bullying in the following way - acts that are deliberately hurtful, this could be a one of eated over a long period of time and difficult for those being bullied to defend themselves					
	Yes					
	Maybe					
	Never					
Have y	you ever been accused of or think you have been a bully at Pipers?					
	Yes					
	Maybe					
	Never					
	you ever done something to someone at Pipers and said it was a joke after finding out ad hurt them?					
	Yes					
	Maybe					
	Never					
<b>Q11 - If you s</b> a Tick as many a	aid Yes - what type of bullying did/do you do? as apply					
	Called the same person/group names on a regular basis					
	Threatened the same person/group verbally with physical harm (but did not physically harm them)					

	Took their pro	perty without permission or deliberately damaged their property					
	Pushed, trippe	Pushed, tripped, kicked, hit or bit them (physical bullying)					
	Deliberately ignored or excluded them from a group activity						
	Spread unplea	Spread unpleasant rumours that were untrue and hurtful					
	Said unpleasa	ant things on social media/texts					
	Other:	Eg Banter / Joking					
	Putting pressu	ure on peers in a negative way					
	Taking and sh	naring images					
Q12 - If you d	id any of the th	nings listed in Q10- why did/do you do this?					
	Made me feel	better about myself - gave me a sense of power					
	I don't really k	know - I feel ashamed to have done it and stopped					
	Other student	s encouraged me to do it - I wanted to fit into the group					
	I didn't realise	e I was					
	I thought it wa	as funny					
	I was in a bad	l mood					
	Other						
	ave experience	ed bullying, witnessed it or been involved in it at Pipers - where did it take					
place? Please do not witnessed it.	answer this que	estion unless you have been directly involved in an incident or personally					
	In School						
	Outside of Sc	hool (but not online)					
	Both in and or	ut of school					
	Online only						
place? Please	do not answer	ed bullying, witnessed it or been involved in it in school - where did it take this question unless you have been directly involved in an incident or is many as apply					
	Corridor						
	Classroom						
	Near the lock	ers					
	Dining room						
	Toilet						

[		Car pick up area						
[		Field						
[		Changing room						
[		Other:	Eg Bus / Coach					
did it happe	en?		ullying, witnessed it wer this question unle any as apply.					
		Before school						
		In lesson						
[		At short break						
[		At long break						
		Between lessons						
		In the evening						
[		Other:						
Please do n	ot a		incident/s occurred n unless you have bee y.		involve	d in an inci	dent or perso	onally
[		Told a teacher or	other adult in school.	Did this h	nelp?	Yes	No [	Not sure
[		Told my parents						
[		Told my friends						
[		Retaliated						
		Ignored it - it does	not bother me					
		Stayed at home						
		Avoided the bully						
		Told an older stud	ent					
		Nothing, I kept it to	o myself					
[		Reported						
[		Seeing Counsello	r		1			
		Other:						

# result? Please only answer this question if you have been bullied or bullied someone or personally witnessed it. Yes totally No not at all Partly it reduced I reported it but asked them not to say or do anything Other: If you didn't report it, please state why? If yes, please detail Q18 - Please write any further comments you would like to draw to the School's attention, about the topic of bullying. Please write in the space provided Finally, which Year Group do you belong to? \* Year 7 Year 8 Year 9 Year 10

Q17 - If the problem was reported to a teacher or other appropriate adult did the bullying stop as a

Year	11			
Year	12			
Year	13			
Never submit pas	swords through Goo	gle Forms.	100%:	You made it.
Appendix B				
Prep Survey				
make sure our school views are very importa carefully before answe	community continue ant to us, please ans	es to be a safe, secu	o us check that we are ire and happy environi se make sure you read	ment for everyone. Your
*Required				
Do you know wh	ere to find the Sch	ool description of	bullying? *	
repeated over time Bullying can take certain groups, for	e, that intentionally he many forms, for exa	nurts another individ mple cyber-bullying ounds of race, religio	It is often motivated bon, culture, sex, gende	vsically or emotionally. y prejudice against
Y	es (please answer C	Q2)		
N	0			
O2 If you answored \	VES to O1 places w	rito down whore v	ou would find the inf	ormation
Q2 ii you answered	LO TO WI Please W	The down where y	ou would find the fin	ormanon
below. * Description: behaviou Individual or group eith It is often motivated by	r by an individual or ner physically or emo prejudice against on special educationa	group, may be repe otionally. Bullying ca ertain groups, for ea I needs and disabilit	ated over time, that in an take many forms, fo kample on the grounds y, or because a child i	tentionally hurts another example cyber-bullying of race, religion, cultures adopted or is a carer.
I do n	ot think I have been	bullied		
I think	I have been bullied			
Q4 - If you think you often?	have experienced	bullying at Pipers	what kind of things h	nappened and how
	Once	Twice	More than 3 times	More than 5 times
Called Names				
Threatened verbally (with words) but not physically harmed				

Personal prope damaged or sto						
Pushed, tripped kicked or bitten (physical hurt)						
Ignored or not invited to a ground activity	ηp					
Unpleasant/fals rumours spread about you						
Unpleasant/unt rumours spread about you						
Other						
Tick as many as	Because of my reli	gion	·		/ did it?	
	Because of my ability in a subject/area of school life  Because of where I live					
	Because of my hair colour					
	Because of my size	е				
	Because of my clo	thing				
	Other:					
OC Beer to	sho Cakaal Jan	mation had a con-			and bridge	
	the School descrip aviour by an individ		-			someone at
individual or gro It is often motiva	up either physically ited by prejudice ac cuality, special educ	or emotionall gainst certain (	y. Bullying ca groups, for ex	an take many fo xample on the g	rms, for exan rounds of rac	nple cyber-bullying e, religion, culture,

	Never					
<b>Q7 - If you sai</b> Tick as many a	Yes - what type of bullying did/do you do? you want					
	Called the same person/group names on a regular basis					
	Threatened the same person/group verbally with physical harm (but did not physically harm them)					
	Took their property without permission or deliberately damaged their property					
	Pushed, tripped, kicked, hit or bit them (physical bullying)					
	Deliberately ignored or excluded them from a group activity					
	Spread unpleasant rumours that were untrue and hurtful					
	Said unpleasant things on social media/texts					
	Other:					
Q8 - If you did	any of the things listed in Q7- why did/do you do this?					
	Made me feel better about myself - gave me a sense of power					
	I don't really know - I feel ashamed to have done it and stopped					
	Other students encouraged me to do it - I wanted to fit into the group					
	Other:					
take place?	e experienced bullying, at Pipers, seen it or been involved in it in school - where did it					
	Corridor					
	Classroom					
	Cloakroom					
	Dining room					
	Toilet					
	Car pick up area					
	Field Changing room					
	Changing room					
	Other:					

# Q10 - If you have experienced bullying, witnessed it or been involved in it at Pipers - what time of day did it happen?

Please do not answer this question unless you have been directly involved in an incident or personally seen it. Tick as many as you want.

	Before school						
	In lesson						
	At short break						
	At long break						
	Between lesso	ns					
	In the evening						
	Other:						
Please do not a		ed or seen something what did you do when it happened? tion unless you have been directly involved in an incident or personally bu want.					
	Told a teacher	or other adult in school					
	Told my parent	S					
	Told my friends						
	Bullied back	Bullied back					
	Ignored it - it does not bother me						
	Stayed at home						
	Avoided the bully						
	Told an older student						
	Nothing, I kept	it to myself					
	Reported cyber	bullying via the website using the 'report abuse' button					
	Other:						
		other adult at Pipers did the bullying stop as a result?  n if you have been bullied or bullied someone or personally witnessed it.					
	Yes totally						
	No not at all						
	Partly it reduced						
	I reported it but asked them not to say or do anything						
	Other:						
Finally, which	-	you belong to? *					
	Year 4						
	Year 5						
	Year 6						

# **Appendix C - Specialist Organisations:**

**The Anti-Bullying Alliance (ABA):** Founded in 2002 by NSPCC and National Children's Bureau, the Anti-Bullying Alliance (ABA) brings together over 100 organisations into one network to develop and share good practice across the whole range of bullying issues.

**The Diana Award:** Anti-Bullying Ambassadors programme to empower young people to take responsibility for changing the attitudes and behaviour of their peers towards bullying. It will achieve this by identifying, training and supporting school anti-bullying ambassadors.

**Kidscape:** Charity established to prevent bullying and promote child protection providing advice for young people, professionals and parents about different types of bullying and how to tackle it. They also offer specialist training and support for school staff, and assertiveness training for young people.

**The BIG Award:** The Bullying Intervention Group (BIG) offer a national scheme and award for schools to tackle bullying effectively.

Restorative Justice Council: Includes best practice guidance for practitioners 2011.

### Cyber-bullying and Online Safety

**ChildNet International**: Specialist resources for young people to raise awareness of online safety and how to protect themselves. The website specifically includes new cyberbullying guidance and a practical PSHE toolkit for schools.

Digizen: provides online safety information for educators, parents, carers and young people.

Internet Matters: provides help to keep children safe in the digital world.

**Think U Know**: resources provided by Child Exploitation and Online Protection (CEOP) for children and young people, parents, carers and teachers.

**The UK Council for Child Internet Safety** (UKCCIS) has produced a range of resources for schools, colleges and parents about how to keep children safe online, this includes advice for schools and colleges on responding to incidents of 'sexting.'

#### LGBTQ+

**Barnardos:** through its LGBTQ+ Hub, offers guidance to young people, parents and teachers on how to support LGBTQ+ students and tackle LGBTQ+ prejudice-based bullying

**EACH:** (Educational Action Challenging Homophobia): provides a national freephone Actionline for targets of homophobic or transphobic bullying and training to schools on sexual orientation, gender identity matters and cyberhomophobia.

**Metro Charity:** an equality and diversity charity, providing health, community and youth services across London, the South East, national and international projects. Metro works with anyone experiencing issues related to gender, sexuality, diversity or identity.

**Proud Trust:** helps young people empower themselves to make a positive change for themselves and their communities through youth groups, peer support, delivering of training and events, campaigns, undertaking research and creating resources.

**Stonewall:** An LGBTQ+ equality organisation with considerable expertise in LGBTQ+ bullying in schools, a dedicated youth site, resources for schools, and specialist training for teachers.

#### **SEND**

**Mencap:** Represents people with learning disabilities, with specific advice and information for people who work with children and young people.

**Changing Faces:** Provide online resources and training to schools on bullying because of physical difference.

**Cyberbullying and children and young people with SEN and disabilities**: Advice provided by the Anti-Bullying Alliance on developing effective anti-bullying practice.

**Anti-bullying Alliance SEND programme of resources:** Advice provided by the Anti-bullying Alliance for school staff and parents on issues related to SEND and bullying.

**Information, Advice and Support Service Network:** Every Local area has an information, advice and support service, providing information, advice and support to disabled children and young people, and those with SEN, and their parents.

### **Mental Health**

**MindEd:** Provides a free online training tool for adults that is also available to schools. It can be used to help school staff learn more about children and young people's mental health problems. It provides simple, clear guidance on mental health and includes information on identifying, understanding and supporting children who are bullied.

PSHE Association – guidance and lesson plans on improving the teaching of mental health issues

### Race, Religion and Nationality

**Anne Frank Trust:** Runs a schools' project to teach young people about Anne Frank and the Holocaust, the consequences of unchecked prejudice and discrimination, and cultural diversity.

**Educate Against Hate**: provides teachers, parents and school leaders practical advice and information on protecting children from extremism and radicalisation.

**Show Racism the Red Card:** Provide resources and workshops for schools to educate young people, often using the high profile of football, about racism.

**Kick It Out:** Uses the appeal of football to educate young people about racism and provide education packs for schools.

**Tell MAMA:** Measuring Anti-Muslim Attacks (MAMA) allows people from across England to report any form of Anti-Muslim abuse, MAMA can also refer victims for support through partner agencies.

**Anti-Muslim Hatred Working Group:** Independent members of this group are representatives from the Muslim community and will assist and advice on all relevant issues.

Please note that internal servers may block access to some of these sites. Schools wishing to access these materials may need to adjust their settings

### **Sexual Harassment and Sexual Bullying**

**Ending Violence Against Women and Girls (EVAW):** A Guide for Schools. This guide from the End Violence Against Women Coalition sets out the different forms of abuse to support education staff to understand violence and abuse of girls, warning signs to look for, and how to get your whole school working towards preventing abuse.

**Disrespect No Body:** A Home Office led campaign which helps young people understand what a healthy relationship is. This website includes teaching materials to be used in the classroom.

**Anti-bullying Alliance:** advice for school staff and professionals about developing effective anti-bullying practice in relation to sexual bullying.

## Appendix D - Guidance for students

If you think that you are being bullied - never be afraid to ask for help from any member of staff, a prefect or a friend.

### Student's guide to how to respond if you are being bullied

If you are being bullied the following responses should help:

- 1. Explain to the bully that their words/actions are upsetting; they may not be aware of this. However, if the bullying continues try not to show your feelings
- 2. Walk away quickly and confidently, even if you don't feel that way inside
- 3. If you are different in any way, be proud of it it's good to be an individual
- 4. The bully will not stop if they think they can get away with such behaviour. Discuss the problem with your friends, tell a member of staff or ask your friends to tell a member of staff on your behalf
- 5. If you do not want to talk to an adult in school or a member of your family, you can talk to the School's counsellor

# Student's guide to how to respond if you think someone is being bullied and how to prevent bullying You can help to stop bullying:

- 1. If the student being bullied is in any danger, fetch help. If they are not in danger your presence may ease the situation so remain together
- 2. Show that you and your friends disapprove
- 3. Give sympathy and support to others who may be bullied
- 4. Be careful about teasing or making personal remarks. If you think they might not find your comments funny don't say them
- 5. If you know of bullying tell someone. The victim may be too scared or lonely to tell

### Other sources of help and support

Children's Commissioner: 0800 528 0731

www.childrenscommissioner.gov.uk/

**Childline:** 0800 1111

www.childline.org

### **Guidance for parents**

### **Parental involvement**

Whenever a serious case of bullying is uncovered the parents or guardian of both the victim and the bully would normally be informed either in writing or by personal contact.

### If your child is being bullied

Parents along with peers will probably be the first to hear of a bullying incident. Parents should contact their child's Form Tutor, Head of Year, Deputy Head (Pastoral) or Headmistress if they are worried.

It is essential to stay calm, supportive and find out the facts of the situation; a situation of alleged bullying can be complex to understand as it is possible that the parties involved with have varying perceptions of the events under investigation. Reassurance will be needed to persuade your child that they have done the right thing by telling you. You may find it helpful to have the following checklist at your side to ensure that correct information is passed to the School:

- Who was involved?
- Where did it take place, when and how often?
- Why did it take place?
- What form did the bullying take?

When you inform the School of these details, you will be told how the School will proceed. The procedures set out in this policy will be followed and we will work with you as required, keeping you informed of action taken. Be reassured that this will be managed sensitively with the needs of all the students involved carefully considered.

### If your child is involved in the bullying

It is important to work with the School to modify the patterns of behaviour which are causing your child to bully. Do not panic and blame yourself. Acknowledge that these things do happen, and the School has mechanisms in place to deal with this issue. It is helpful to recognise some of the reasons why students behave in this way from time to time.

Children sometimes bully others because:

- they are not aware of how hurtful it is.
- they are copying the behaviour of older siblings or people they admire.
- they have a temporary difficulty integrating in their peer group.
- they are bullying others because of encouragement from friends.
- they are going through a difficult time personally and need help.
- they have not yet learnt satisfactory ways for making firm relationships.

To stop your child from bullying others:

- Talk with your child and help them to understand that what they are doing is unacceptable as it makes other students unhappy.
- Discourage other members of the family from using aggressive behaviour to get what they want.
- Suggest ways of joining in activities with other students without bullying.
- Liaise with the School: Form Teacher, Head of Year, Deputy Head (Pastoral), or Headmistress.
- Make time to have regular chats about how things are going at school.
- Check that your child has identified an adult at school to whom they can go to if they have a problem or a worry of any kind.

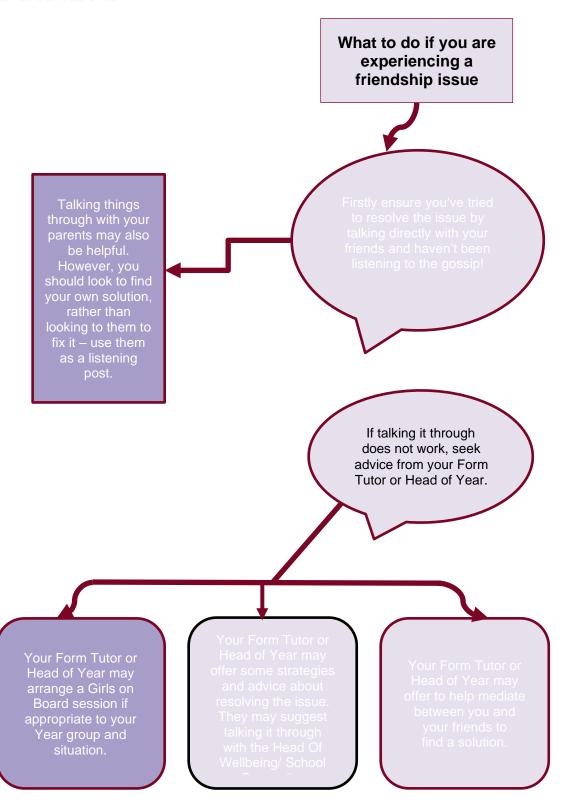
Please note that the School will want and need to take action if bullying occurs. The matter will be sensitively handled but it needs to be effective. Action will be taken in accordance with this policy, together with the procedures in the School's Rewards, Behaviour and Sanctions Policy and Safeguarding and Promoting Children's Welfare Policy, as necessary.

### Guidance

Other useful organisations providing support for parents dealing with specific bullying issues include: <a href="https://www.kidscape.org.uk">www.kidscape.org.uk</a>
<a href="https://www.nspcc.org.uk">www.nspcc.org.uk</a>
<a href="https://www.youngminds.org.uk">www.youngminds.org.uk</a>
<a href="https://www.anti-bullyingalliance.org.uk">www.anti-bullyingalliance.org.uk</a>
<a href="https://www.familylives.org.uk">www.familylives.org.uk</a>
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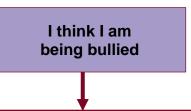


# Appendix E - What to do if...

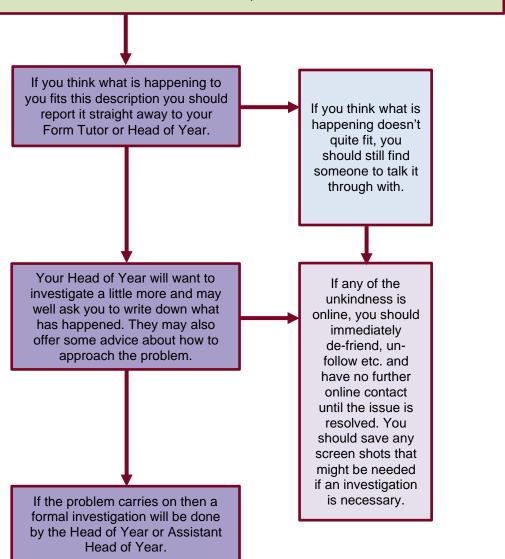




### What to do if...



The School defines bullying in the following way: "behaviour by an individual or group, may be repeated over time, that intentionally hurts another individual or group either physically or emotionally. Bullying can take many forms eg. Cyber-bullying. It is often motivated by prejudice against certain groups, for example, on the grounds of race, religion, culture, sex, gender, sexuality, special educational needs and disability, or because a child is adopted or a carer."



If you would like to talk to someone outside of the School, we recommend these helplines:

- Childline: 0800 1111
- Department for Education NSPCC Sexual Harassment Helpline: 0800 136663
- Give us a Shout: Text SHOUT to 85258